

From Disney's Frozen 2  
**SHOW YOURSELF**

Music and Lyrics by  
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Moderately fast ♩ = 120

F#5 F#5/G#

Optional: play R.H. one octave lower through measure 22

*mp*

Pedal throughout

Detailed description: This system contains the first three measures of the piano accompaniment. The key signature is F# major (three sharps) and the time signature is 4/4. The right hand (RH) has a melodic line starting on G#4, moving up stepwise to D5, then down to C#5, B4, A4, G#4. The left hand (LH) has a bass line starting on G#2, moving up stepwise to D3, then down to C#2, B1, A1, G#1. The dynamic is marked *mp*. There is a note above the RH staff indicating 'Optional: play R.H. one octave lower through measure 22'. Pedal markings are present throughout the system.

4 F#5/E# F#5 F#5/G# F#5/B Elsa: Ev-'ry

Detailed description: This system contains measures 4 through 6. The right hand (RH) has a melodic line starting on G#4, moving up stepwise to D5, then down to C#5, B4, A4, G#4. The left hand (LH) has a bass line starting on G#2, moving up stepwise to D3, then down to C#2, B1, A1, G#1. The dynamic is marked *mp*. There is a note above the RH staff indicating 'Elsa:'. Pedal markings are present throughout the system.

7 F#5 F#5/G# F#5/E# F#5 F#5/G#

inch of me is trem-bling, but not from the cold.

Detailed description: This system contains measures 7 through 9. The right hand (RH) has a melodic line starting on G#4, moving up stepwise to D5, then down to C#5, B4, A4, G#4. The left hand (LH) has a bass line starting on G#2, moving up stepwise to D3, then down to C#2, B1, A1, G#1. The dynamic is marked *mp*. There is a note above the RH staff indicating '3'. Pedal markings are present throughout the system.

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10 F#5/B F#5 F#5/G# F#5/E#

Some-thing is fa-mil-iar, like a dream I can

13 F#5 F#5/G# F#5/B F#5 F#5/G#

reach but not quite hold. I can sense you there

16 F#5/E# F#5/D# F#5 F#5/E#

like a friend I've al-ways known. I'm ar-

19 F#5/B F#5/C# F#5/E# F#5 F#5/G#

riv-ing and it feels like I am home.

22 F#5/B C#(add4)

I have al - ways been \_ a for - tress, cold

*Red.* \*

25 C#(add4)/B B B(add4)/A

se - crets deep \_ in - side. \_ You have se - crets too, \_

*Red.* \* *Red.* \* *sim.*

28 A A/D D E/D C#

\_ but you don't have \_ to hide.

*Red.*

31 N.C. D#m B C#(add4)

Show your - self. I'm dy - ing to meet \_ you. \_

*Red.* \* *Red.* \* *sim.*

34 N.C. D#m B C#(add4) C#

Show your - self. It's \_\_\_ your \_\_\_ turn.

37 D#m B F#

Are you the one \_\_\_ I've been look - ing for all of my \_\_\_ life?

40 C# Bb7/D N.C. D#m B

\_\_\_ Show your - self. \_\_\_ I'm read - y to

**Poco più mosso**

43 N.C. Ebm Ab

learn. Ah. \_\_\_

(Opt. R.H. ostinato)

*sim.*

*f*

46 **The Voice:** Em A **Elsa:** G5 G5/A

Ah. I've nev - er felt so cer - tain.

49 D/F# G5 G5/A Csus2

All my life I've been torn. But

*(opt. ostinato continues through m.55)*

52 G5 G5/A D/F# G5 G5/A

I'm here for a rea-son. Could it be the rea - son I was born? -

55 Csus2 D(add4)

I have al - ways been so dif - f'rent; nor-mal

58 D(add4)/C C D(add4)/C C C/B $\flat$  B $\flat$

rules did not ap - ply. Is this the day? Are

61 C/B $\flat$  F/B $\flat$  B $\flat$  B $\flat$ /E $\flat$  E $\flat$  F/E $\flat$  D

you the way I fi - n'ly find out why?

(Piano overdub. Opt. R.H.)

64 N.C. Em C D(add4)

Show your-self. I'm no long-er trem - bling.

*sim.*

*f*

8vb

67 N.C. Em C D(add4)

Here I am; I've come so far.

(8vb)

70 Em C G

You are the answer I've waited for all of my life.

73 D B/D# N.C. Em C

Oh, show yourself. Let me see who you

8vb

76 Em/A A9 A9sus#4 D5

are. Come to me

*mp* *f* *mf*

79

D5/C

now. O - pen your door.

82

E7sus

C

D/C

Csus2

Don't make me wait one moment

85

G

G/A

G/B

D5

more. Oh, come to me now.

*cresc. poco a poco*

88

D5/C

E7sus

O - pen your door. Don't make me

91 C D/C C5 G Am7(add4) G/B

wait one mo - ment more!

94 B B+ B B+ B B+ B B B+ B

*f*

97 **Slowly** ♩ = 66

B+ B B+ G#m/B Ebm Ab

**Memories:** Where the north wind \_\_\_\_\_ meets the sea, Ah. there's a

*rall.* (Opt.)

**Voice:**

100 Cb Gb Iduna: Abm

riv - er full of mem-o - ry. Come, my dar-ling, home-ward

Ah.

**Memories:**

Ah. Mem-o - ry. Full of mem-o - ry.

103 Cb Elsa: Cb(add9)

bound. I am found!

*rit.* *ff*

**Tempo I**  
N.C.

105 Elsa: Iduna: Fm Db Ebsus Eb

Show your - self. Step in - to your pow - er.

**Memories:**

Ah.

108 N.C. Fm Db Eb sus Eb

Grow your - self \_\_\_\_\_ in - to some - thing new. \_\_\_\_\_

Ah. \_\_\_\_\_

8vb loco 8vb

111 Fm Db Ab

You are the one \_ you've been wait - ing for All of my \_\_\_\_\_ life. \_\_\_\_\_  
all of your

You are the one \_ you've been wait - ing for all of your

(8vb) loco

114 Eb Edim7 N.C. Fm Db

life. Oh, show your - self. \_\_\_\_\_

life. \_\_\_\_\_ Ah. \_\_\_\_\_

8vb 8vb

117  $B\flat$   $D\flat$  **Elsa:**

You. Ah. \_\_\_\_\_ Ah. \_\_\_\_\_

You. Ah. \_\_\_\_\_

*sub. mf cresc. poco a poco*

*loco* *8vb*

120 E Esus#4 E  $A\flat$   $A\flat(b5)$   $A\flat$

Ah. \_\_\_\_\_

Ah. \_\_\_\_\_

*ff*

(8vb)

123